# Alcohol & Public Health: Problems, Policy, & Perspective

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Center for Alcohol Policy Alcohol Law Symposium September 10, 2012



#### Public health perspective

What we, as a society, do collectively to assure the conditions in which people can be healthy ~Institute of Medicine

#### Evidence-based policies

- Increase alcohol taxes & fees
- Remove youth-oriented products from the market
- Reduce alcohol advertising
- Support state control

Organize campaigns with diverse communities & youth



#### Threats to public health

Alcohol-related harm

- Cost/burden of responding to that harm
- Alcohol products that are low-cost, accessible and attractive to youth
- Alcohol ads & promotion that saturates the youth demographic



#### Alcohol is the most harmful drug in the U.S.

- 79,000 deaths annually
- 5,000 deaths under age 21 annually
- 1.6 million hospitalizations and 4 million ER visits in 2005
- Injuries from motor vehicle crashes, fires, falls, drownings
- Illnesses such as hypertension and various cancers
- Homicide, suicide, domestic violence, other crimes



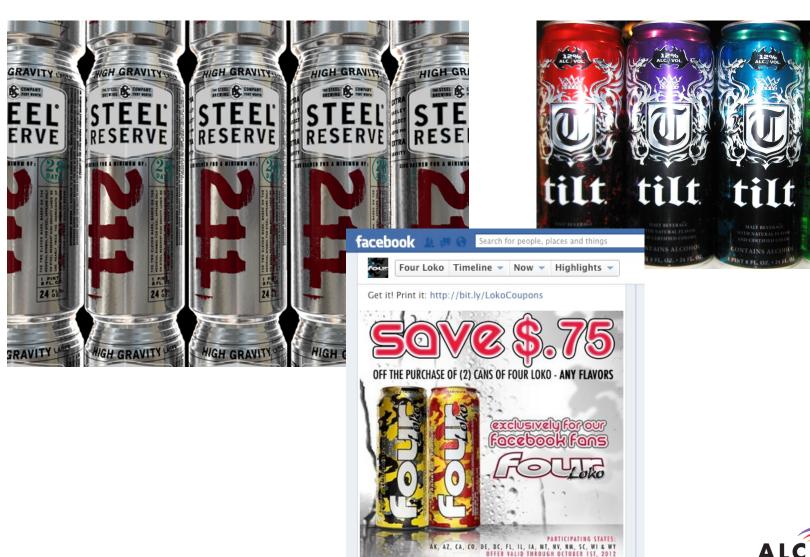
#### Threat: Cost from harm

## Economic costs to the U.S. from alcohol in 2006: \$224 billion

- Lost productivity: 72.2%
- Healthcare costs: 11.0%
- Criminal justice costs: 9.4%
- Other costs: 7.5%
- Binge drinking resulted in \$171 billion (76.4%).
- However, most excessive drinkers are not dependent on alcohol



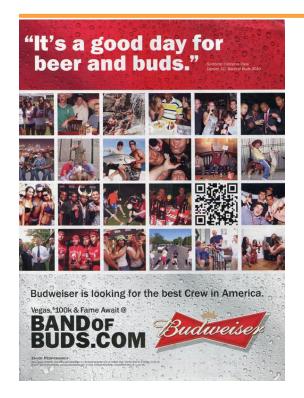
## Threat: Cheap alcohol, low taxes



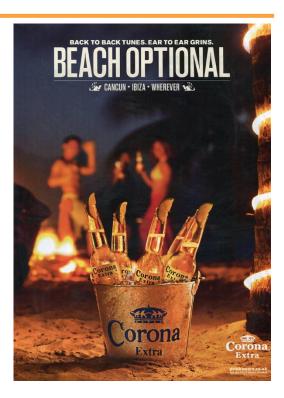
DRINK RESPONSIBLY © 2012 PHUSION PROJECTS, CHICAGO, IL



## Threat: Youth-oriented products







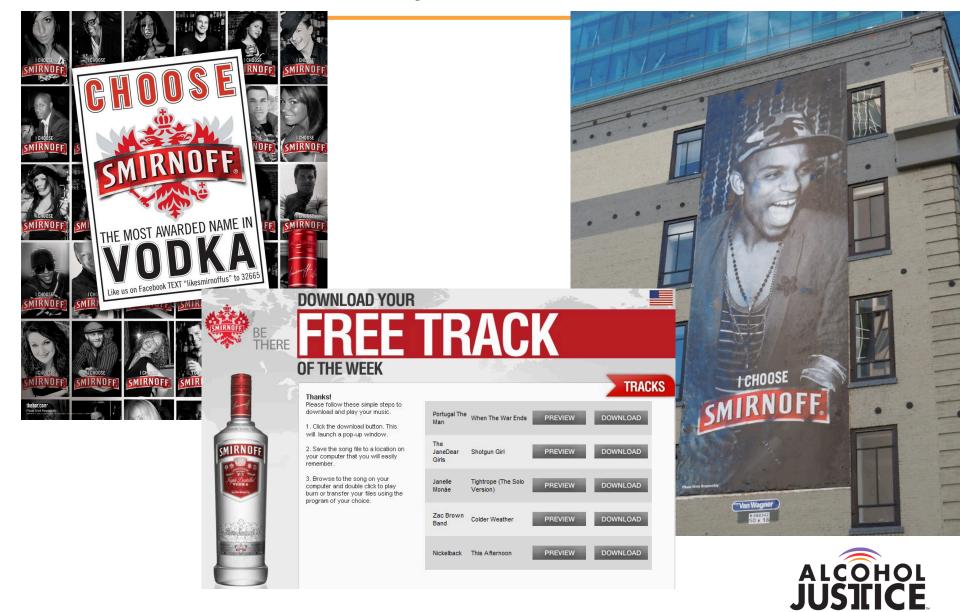


#### Threat: Youth Overexposed to Alcohol Promotion





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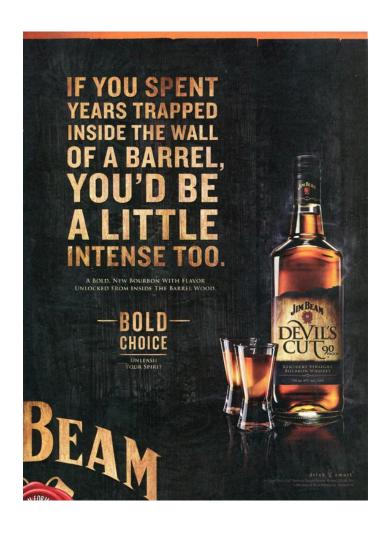


SINGLE & 2-DAY PASSES AVAILABLE FOR TICKETS AND INFO VISIT BUDWEISERMADEINAMERICA.COM





## Threat: PR framed as public health







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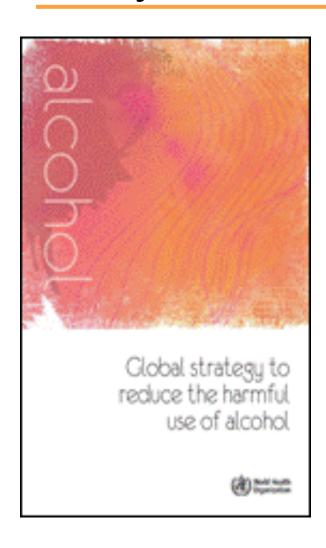








## Policy Recommendations

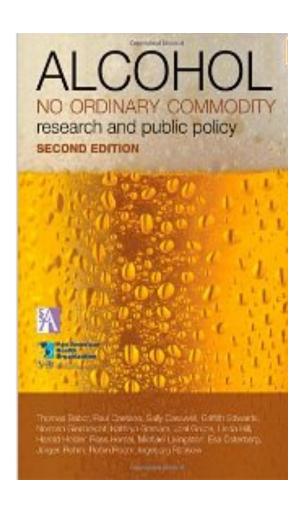


#### **World Health Organization:**

- Increase alcohol pricing
- Reduce outlet density
- Limit alcohol marketing



## Policy Recommendations



#### The most effective alcohol policies:

- Increasing alcohol taxes
- Minimum legal purchase age
- Government monopoly of retail sales
- Restrictions on outlet density
- Lowered BAC limits
- Restrictions on alcohol ad exposure



#### **Legislative Activity**

#### **States**

- Bills to increase alcohol taxes: 10 states
   Victories: Maryland, Connecticut
- Bills to ban caffeine in alcoholic beverages: 11 states
   Victories: California, Iowa
- Bills to restrict alcohol advertising in various media; 5 states
   MA, NJ, NY on public property, either partial or full
   NH in campus publications; MS, VA out of home

#### **Federal**

 Including alcohol in Federal Guidelines on Restaurant Menu Labeling



#### **Efforts to Decrease Regulation**

#### **Federal**

- Senate and House bills to reduce beer tax rate
- Senate and House bills to lower beer tax rate for small brewers
- House bill to reduces spirits tax rate for small distillers

#### **State**

- 5 states with bills to decrease alcohol taxes
- Rhode Island: Proposed tax holidays
- Nebraska: Defined flavored malt beverages as beer
- Ohio: Increase max alcohol content in beer 12% to 21% ABV
- Washington: Initiative 1183



### Where can we find agreement?

- Alcohol poses serious threats to public health.
- The problem of drinking-related harm has not been eliminated.
- We want to make a difference in the amount of alcoholrelated harm.
- We need to use strategies with the best chance of making a difference.



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